

# 2019 IAR testing at Crestwood School

## Test Taking Strategies

- Be comfortable but alert.** Choose a comfortable location with enough space that you don't slouch. Maintain good posture.
- Stay relaxed and confident.** Keep a good attitude and remind yourself that you are going to do your best. If you find yourself panicking, take a few deep breaths.
- Read directions carefully!** This will help avoid careless errors.
- Review if you have time.** Resist the urge to quit when you complete the exam. Check to make sure you have answered all the questions and have not made any errors or mismarked any answers.
- Rely on your first impressions.** The answer which comes to mind first is often correct. Nervously reviewing questions and changing answers can do more harm than good.
- Maintain a positive attitude.** Don't let more difficult questions raise your anxiety or steal your valuable time. Move on and find success with other questions.

Visit [www.crestwood.k12.il.us](http://www.crestwood.k12.il.us) and click on the IAR tab for more ways to help prepare your child for IAR Testing.